

Liverpool Student Community Action

Higher Education Active
Community Fund (HEACF) and
Careers Research Advisory Centre
(CRAC) Recognise Liverpool
Students!



LCSA Team

Student volunteers from the University of Liverpool received national recognition at the HEACF, CRAC Volunteering awards 2006 held on 6 December at Pinewood Studios in Greater London.

CRAC is an independent, charitable organisation dedicated to career development and active, career-related learning. The event was hosted by Phillipa Forrester and representatives from PriceWaterhouseCoopers and Enterprise Rent-A-Car.

The awards are a huge boost for Liverpool Student Community Action (LSCA) who facilitate a diverse range of student volunteering opportunities in Liverpool. LSCA is a student-led organisation that specialises in providing volunteering placements on student-led LSCA projects and volunteering placements within community organisations and local branches of national and international charities.

LSCA received Social Capital funding in 2005 to induct and train volunteers to help with various projects, in particular, a volunteer fair aiming to encourage students to volunteer and participate more actively in their local community and promote the volunteering opportunities available in the city, and to help with the resources needed to run creative and social activities for refugees and asylum seekers at local community centres.

LSCA volunteer Chairperson Emma Butterworth won the Outstanding Volunteer Award. The judges described Emma's role as extraordinary, adding that her commitment and involvement in organising children's parties, developing systems to place student volunteers and producing important volunteer impact analysis data, was exceptional.

Student volunteer Sally Rogers also received an award for her involvement in the Picton Neighbourhood Resource Project. Sally has committed over 250 hours to supporting the community in this area of the city. Sally provided vital support to a neighbourhood resource centre, even recruiting other students to support the work and providing them with additional volunteering opportunities.

Staff volunteer Steve Potter was short-listed for his work with Sahir House and LSCA's collaborative, Refugee & Asylum Seeker Project was short-listed in the Outstanding Project Category.

Volunteering at the University of Liverpool and Liverpool Guild of Students is an important part of extra curricula activities and provides valuable resources for the local community. LSCA have made such an impact within the community and with national recognition to match their local success, they now plan to spend the surplus money awarded from the Social Capital fund to build on the success of their current projects and further strengthen the direct link between the students of Liverpool and the local community. One project to look forward to is their language classes. Linking in with the refugees and asylum seeker project, LSCA will run basic English language classes for their refugees and asylum seeker clients.

For more information about Liverpool Student Community Action please contact the team on telephone: 0151 794 4170 or visit their website, www.liverpoolguild.org/lsca.

Safeguarding Children Services Win Guardian Social Entrepreneurship Award

Safeguarding Children Services are proud winners of the Guardian UnLtd Level 2 Award.

The Guardian has teamed up with UnLtd, the foundation for social entrepreneurs, to give awards worth £500,000 to social entrepreneurs around the UK.

Safeguarding Children Services were awarded a cash prize, plus individually tailored support to give their project the best chance of success.

Level 2 Awards support individuals and groups whose ideas are already off the ground and now want help taking them to the next level. Over the last three years, UnLtd has Level 2 Awards of between £10,000 to £20,000 to give out to projects that are creating a sustained impact within their community.

Safeguarding Children Services is a women-led charitable organisation based in Birkenhead striving to set a national standard in effective working with children who are at risk from harm and exploitation. The organisation received MSEI funding in 2005 to help start up the social enterprise. It has been set up by a group of individuals from social work, health and police backgrounds who are committed to providing, developing and influencing safeguarding services for children and young people.

Expanding Horizons would like to say congratulations to Safeguarding Children Services for winning this award. Well done!

For more information about Safeguarding Children Services please email Jaci Quennell or Elaine Alison at administrator@safeguardchildrenw.org.uk



Network News

Merseyside
Expanding Horizons

January 2007

The Committee and Staff of MEH Would Like to Wish You a



MEH, Blue Orchid and Weston Spirit Trading Team Up to Deliver Free One Day Courses for Social Enterprises

In November 2006, MEH via Merseyside Social Enterprise Initiative (MSEI) delivered a series of free one day workshops in partnership with Blue Orchid Management Consultants and Weston Spirit Trading Ltd aimed at informing and supporting groups wishing to set up as social enterprises, as well as recently established ones. The courses were:

First Steps to Social Enterprise
Financing your Social Enterprise
Marketing your Social Enterprise.

Some of the topics covered included, benefits and pitfalls of setting up a social enterprise, grants, fundraising and loans. Where and how to apply for funds, tips and tricks, securing earned income for your business: contracts (commercial & public), where/how to look for contracts, how to tender for work/contracts and expectations of contractors, and also the 'Why, When, Where, How and What' of marketing a social enterprise. The courses coincided with National

Enterprise Week which took place from Monday 13 – Sunday 19 November 2005.

The courses proved very popular with 30 social enterprises enrolling. The feedback from all those that attended the courses show that the courses were extremely successful and helped groups gain a better understanding of how a successful social enterprise works and what needs to be done to achieve it.

An Environmental Management Systems course was also delivered by Groundwork. This course aimed to help reduce adverse environmental impacts, which is especially important to social enterprises that often have triple-bottom line aims and objectives, including the delivery of social, economic and environmental benefits.

If anyone requires any further information about the courses please contact Gary Ellis on 0151 330 0552 or email: garyellis@expandinghorizons.co.uk.

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eu&merseyside
European Funding is Creating New Opportunities



Northwest
REGIONAL DEVELOPMENT AGENCY

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Unique Diversity and Gender Project to be Developed in Liverpool

Expanding Horizons has partnered with European organisations to develop and deliver a unique Diversity and Gender project in Liverpool

One of the priorities for Expanding Horizons over the past year has been to develop our experience in working on transnational projects funded through EU programmes. We are currently working as partners on two European projects:

- 1) DiGe_E - Managing diversity and gender_ Experts for Europe
- 2) NetTrain - cooperation and network competencies for key persons in adult education. (This is a two year project funded through GRUNTVIG 1.1 of the EU SOCRATES Programme.)

The DiGe_E project aims to develop and test a course in "managing diversity and gender competences". We are compiling/ comparing existing concepts - modules, tools and materials - from different European countries in order to develop and adapt training modules which can be addressed to diverse target groups. The aim is to build a pool of diversity and gender experts on a Europe-wide basis in order to disseminate the results of the project, further improve the original concept and exchange experience.

Main activities are to develop, adapt and test a course which will be marketed, monitored and evaluated and disseminated. At least two courses will be offered in the EU Gruntvig catalogue. Expected outputs are: training modules, examples of good practice, a marketing strategy and material, a virtual community of experts, monitoring and evaluation reports, guidelines for diversity-sensitive criteria and procedures in quality management-systems, a final conference, a pool/network of experts/trainers, and a virtual community open for newcomers.



Group Session with Training Consultant Angelika Kipp



DiGe_E Participants Visit Liverpool Arabic Centre

In December 2005, 14 guests from our European partners along with 4 guests from Merseyside were invited to Liverpool to take part in testing, developing and adapting this course. The partners in this project were: LfQ - Germany (co-ordinator), MEH - United Kingdom, IUK Institut - Germany, VDAB - Belgium, VFA - Greece, SIF -Lithuania, LT, Europraxis - Portugal and South Savo Educational Federation of Municipalities/Mikkeli - Finland.

Our guests were key persons from adult education, project managers, trainers, staff managers in organisations working with adult learners, teachers and instructors who are the primary target group for this project.

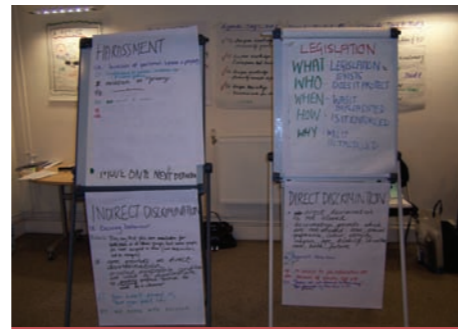
The meeting and training course took place at both Expanding Horizons office and Kuumba Imani Millenium Centre, Princess Road, Liverpool throughout the first week of December 2005.

Training Consultants Joanne Anderson from MEH/Innervision Consultancy - United Kingdom and Angelika Kipp from IUK - Germany were the leading trainers delivering the course and Silvino Ruivo and Antonio Maduro from Europraxis - Portugal acted as support and facilitated some of the sessions and group exercises.

As part of the course, guests visited the Liverpool Arabic Centre (LAC) in Toxteth and met with Taher Qassim Chair of LAC and his team to learn about their organisations success in current projects such as, the Liverpool Arabic Arts Festival, the Arabic Cultural and Economic Centre, the 'Our Children Our Future' Project, women only swimming classes and the research project looking

into the educational attainment of Arabic children in partnership with Liverpool Hope University. Guests also learnt about the barriers and challenges LAC face in delivering these projects to the Arabic community of Liverpool and to the wider Liverpool Community.

The week long event was a great success and all guests found the experience of learning and sharing knowledge with people from other European countries with diverse cultures and experiences invaluable. This course will equip key persons working in training, teaching, project management and adult education with the tool for addressing diverse target groups across Europe.



Course Feedback

An evaluation of the training course is now underway. Following this the course will be further refined and tested again in June 07 in Lithuania. The course will then be open to participants from across Europe. Two initial offers are planned in Greece in July 2007 and Portugal in September 2007. Details of the course and how to apply will be advertised on the EU training database:

<http://ec.europa.eu/education/trainingdatabase/>

Applicants can apply to the EU for a grant to attend details can be found at: http://ec.europa.eu/education/programmes/socrates/gruntvig/grund3_en.html

MEH would like to thank all those that took part in the training course.

Plans to deliver a test course for our European project, NetTrain is planned for April 2007.

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The NetTrain project is developing a curriculum for Europe-wide training in co-operation and networking skills for key players in adult education. The training course is targeted primarily at employees in educational institutions, or organisations working with adult learners who are involved in setting up, developing and supporting networks and cross-organisational co-operation in a variety of different contexts.

The aim is to develop a course for use throughout Europe in the form of a four-day event. All partners also have the option of adapting it to their regional and national requirements and offering it on their own initiative.

The course has been tested once in Romania in November 2006 and will be refined and tested again in Liverpool in April 2007. The course will then be

offered at least twice through the EU Gruntvig catalogue on a Europe wide basis. These two offers are planned for Greece in June and Sweden In September.

Details of the course and how to apply can be found at:

<http://ec.europa.eu/education/trainingdatabase/index.cfm?fuseaction=DisplayCourse&cid=3853>

Applicants can apply to the EU for a grant. To attend, details can be found at: http://ec.europa.eu/education/programmes/socrates/gruntvig/grund3_en.html

The partners in this project are: Move, - Germany (lead Partner, MEH - United Kingdom, CCCS - Greece, Business Link - Czech Republic, IREA - Romania, ROC - Netherlands, EMMERCE EEIG - Sweden and LfQ - Germany.

For more information on DiGe_E and NetTrain_ please email Nicola Daley at: nicoladaley@expandinghorizons.co.uk.

Liverpool Arabic Centre

The Liverpool Arabic Centre (LAC) is a charity based in the heart of Toxteth which works alongside the Yemeni and Arabic speaking communities and those interested in learning about Arabic culture and language in Liverpool. This community empowerment, engagement and awareness raising are done through the facilitation and provision of activities and community projects throughout the year.

If you are interested in learning more about LAC please contact the team on 0151 7340550 or email: info@lac.org.uk. Visit the website at:

www.liverpoolarabiccentre.org.uk

Students Receive CFLS Project Awards

Liscard Community Facilities Complex has joined with Expanding Horizons to award students for achievements on the Catering for Life Skills Project (CFLS).

The Liscard Community Facilities Complex has been running for over 15 years in the Liscard area of Wirral. A partnership between local authority and the community, it aims to address the needs of the local community through providing various services such as child care provision, tai chi classes, a 50+ luncheon club and a young people's theatre group. The most recent development has been the 'Catering for Life Skills Project'.

CFLS was set up with the support of the Fair Share Trust, awarded by the Community Foundation for Merseyside on behalf of the Big Lottery Fund to provide valuable healthy eating and nutrition advice and skills to individuals suffering from social exclusion living in the Liscard area.

The course proved so popular that Liscard Community Facilities Complex had to expand the course to the wider Wallasey area to meet the demands of the community. Social Capital funding from Expanding Horizons enabled the group to run this project for unemployed residents from the Wirral Pathway's areas.

The students were taught how to



increase the use of vegetables and low fat foods into their own and families diet and each week the students had to prepare and cook a healthy two-course meal to take home to their families. The benefits of the course are evident, the students have learnt new skills that they can share with the family and adapt easily into their own lifestyles. The knowledge gained will aid the well being of their families and raise awareness of anti social behaviour which is linked to poor dietary nutrition.

Assembly Rooms in Liscard to award 29 students with certificates acknowledging their progression and success on the healthy eating course. The course continues to be a great success with the community of Wallasey and the students will now further their training and move onto the higher level course. Well done to all the students!

For more information about Catering for Life Skills Project, please contact Lien Cheung on 0151 498 4881 or email: homelinkpriority@btconnect.com

On 15 December 2006, the staff from Expanding Horizons were invited to CFLS award ceremony at Grosvenor

Alternatively contact the community centre on 0151 637 1341.